

Disclosure of Commercial Interests

I have commercial interests in the following organization(s): NA



List the Name of Your Employer:

- Lisa Thomson, CMSO
- Pathway Health


- What the company does? Pathway Health is a professional services organization which provides consulting and education services to post acute providers across the nation

- List all commercial interests. Note if you are employed by a company, you have a commercial interest in that company.



- If you are not employed, do not consult for anyone, and have no financial investments in organizations in the health care industry, then you may state that you "have no commercial interests." **"have no commercial interests."**

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A Leaders Guide: How to Incorporate the INTERACT™ Quality Improvement Process to Reduce Unnecessary Readmissions



Lisa Thomson, Chief Marketing and Strategy Officer
Pathway Health

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Background

INDUSTRY LANDSCAPE

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Background

Government Unrest
Reform Initiatives
Reimbursement
Changes
Increased Costs

Past PRESENT FUTURE

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Background

- Trends and Health Care Reform
 - Post Acute Care Impact
- Reality Check
 - Operational Challenges
 - Impact on Consumers
 - Redesign in New Environment

Past PRESENT FUTURE

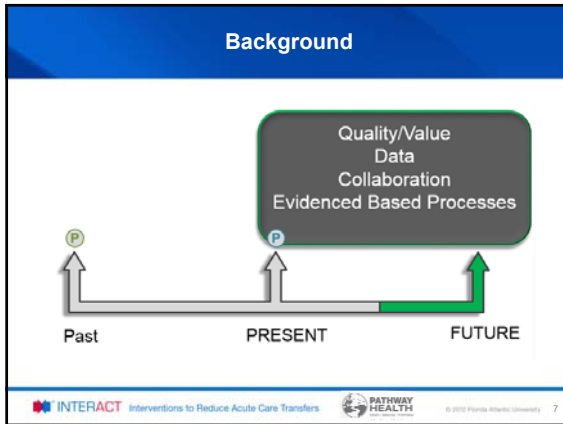
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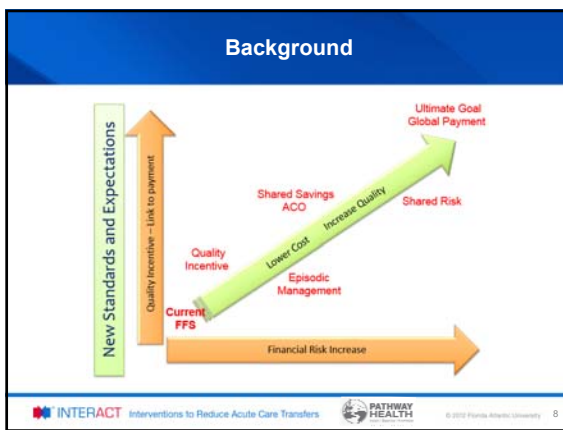
Background

- Increased Costs continue
- Regulatory Changes
- Performance Measures – Continuum
- External Oversight
- Data = Quality

Past PRESENT FUTURE

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Background

1 in 4 patients admitted to a SNF are re-admitted to the hospital within 30 days at a cost of \$4.3 billion

Figure 3: Frequency of Rehospitalization of Short-Stay Nursing Home Residents, by State, 2006

Mor et al. Health Affairs 29: 57-64, 2010

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Background

Potentially Avoidable Hospitalization Rates for Dual Eligible Beneficiaries Living in Long-Term Care Facilities, by State

Note: Labeled states contain facilities in the CMS "initiative to reduce avoidable hospitalizations among long-term care facility residents", discussed below.

<https://blog.cms.gov/2017/01/17/data-brief-sharp-reduction-in-avoidable-hospitalizations-among-long-term-care-facility-residents/>


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Background

National Quality Strategy

The **Affordable Care Act (ACA)** required the Secretary of the Department of Health and Human Services (HHS) to establish a **national strategy** that will improve:


- The delivery of health care services
- Patient health outcomes
- Population health



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Background

Triple Aim



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Background

PRIORITIES	LONG-TERM GOALS
 <p>Improving care delivery by reducing errors and increasing the safety of care</p>	<p>Reduce preventable hospital admissions and readmissions</p> <p>Reduce the incidence of adverse health care associated conditions</p> <p>Reduce harm from inappropriate or unnecessary care</p>
 <p>Ensuring that each person and family is engaged as partners in their care</p>	<p>Improve patient, family, and caregiver experience of care related to quality, safety, and better care settings</p> <p>Improve patient, family, and caregiver understanding of care and engagement in decisions about care</p> <p>Enable patients and their families and caregivers to navigate, coordinate, and manage their care successfully and effectively</p>
 <p>Improving efficient communication and coordination of care</p>	<p>Improve the quality of care transitions and communication across care settings</p> <p>Improve the quality of life for patients with chronic illness and disability by reducing preventable care gaps, hospitalizations, and unnecessary care and improve management, psychosocial needs, and functional status</p> <p>Enable shared responsibility and integration of community and health care systems to improve quality of care and reduce health disparities</p>
 <p>Improving the most effective prevention and management practices for the leading causes of mortality, including acute cardiovascular disease</p>	<p>Promote population health through community interventions that target improvement of social, economic, and environmental factors</p> <p>Promote population health through interventions that result in adoption of the most important healthy lifestyle behaviors across the lifespan</p> <p>Promote population health through support of effective clinical preventive services across the lifespan in clinical and community settings</p>
 <p>Working with communities to promote wide use of best practices to enable healthy living</p>	<p>Promote healthy living and well-being through community interventions that result in improvement of social, economic, and environmental factors</p> <p>Promote healthy living and well-being through interventions that result in adoption of the most important healthy lifestyle behaviors across the lifespan</p> <p>Promote population health through support of effective clinical preventive services across the lifespan in clinical and community settings</p>
 <p>Shifting quality care more effectively to high-value settings, workforce, and systems by streamlining and governing care through value-based models</p>	<p>Ensure affordable and accessible high-quality health care for people, families, employers, and governments</p> <p>Support and enable communities to ensure accessible, high-quality care while reducing costs and health</p>

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Reduce Readmissions

- Readmission Measure - Top Priority
- All Cause, all Condition
- Expected Performance Outcomes
 - Quality Measure
 - SNF Total Performance Score
 - Financial Impact
 - Partnership and Sustainability Impact


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Organizational Data



QUALITY

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Background



Prepared by Pathway Health

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Readmission Measure Legislative Initiative

VALUE BASED PURCHASING



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Background

SNF 30-Day All Cause Readmission Measure (SNFRM)

- Readmissions to hospitals identified through Medicare Claims
- Readmissions within that 30-day window are included even if they had been discharged from the facility
- Risk adjusted (demographics, diagnosis in prior hospitalizations, comorbidities, etc.)
- Excludes planned readmissions
- SNFRM will be used for the first year of the program (FY 2019)

VBP

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Background

SNF Readmission Measure Exclusions:

- Residents with Cancer
- Residents who do not have Medicare Part A coverage for the full 30 day window and those who do not have Part A coverage for the 12 months preceding the prior hospital discharge

VBP

<https://www.cms.gov/Outreach-and-Education/Outreach/NPC/Downloads/2016-09-28-SNF-Presentation.pdf>



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Background

Exclusions continued:
SNF stays including:

- An intervening post-acute care admission within the 30-day window
- More than 1 day between hospital d/c and SNF admission
- Resident discharged AMA
- Principal dx in prior hospitalization = rehabilitation, fitting of prosthetics, device adjustments
- Prior hospitalization=pregnancy

VBP

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Readmission Measure Legislative Initiative

FIVE STAR QUALITY RATING

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Background

Five Star Quality Rating
Percentage of Short-Stay Residents Who Were Re-Hospitalized After a Nursing Home Admission
Purpose of the Measure

- “If a nursing home sends many residents back to the hospital, it may indicate that the nursing home is not properly assessing or taking care of its residents who are admitted to the nursing home from a hospital.”

<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/CertificationandCompliance/Downloads/New-Measures-Technical-Specifications-DRAFT-04-05-16-.pdf>

Five Star



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Background

Percentage of short-stay residents who were re-hospitalized after a nursing home admission:

- Fee For Service Medicare part A
- Claims-based quality measure
- April 2016
- July 2016 - Integrated into the Five-Star Quality Rating System

Five Star



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Background

- *Percentage of Short-Stay Residents who were rehospitalized after a nursing home admission*
 - “The short-stay re-hospitalization measure determines the percentage of all new admissions or readmissions to a nursing home from a hospital where the resident was re-admitted to a hospital for an inpatient or observations stay within 30 days of entry or reentry.”

Five Star

<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/CertificationandCompliance/Downloads/New-Measures-Technical-Specifications-DRAFT-04-05-16.pdf>



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Background

- “Planned inpatient readmissions are excluded. Note that higher values of the short-stay re-hospitalization measure indicate worse performance on the measure.”


Five Star

<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/CertificationandCompliance/Downloads/New-Measures-Technical-Specifications-DRAFT-04-05-16.pdf>



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Background

Key Point:
“**Observation stays** are included in the measure regardless of their diagnosis”



Five Star

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Background

1. Planned Readmissions

- Pre-specified list of procedures took place or readmissions for one of the following took place: bone marrow, kidney, or other transplants.
- Planned diagnosis categories include maintenance chemotherapy and rehabilitation.”

Five Star

<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/CertificationandCompliance/Downloads/New-Measures-Technical-Specifications-DRAFT-04-05-16-.pdf>

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Background

2. Admissions for acute illness or for complications of care are not classified as “planned.”

- Planned procedure performed during an admission for an acute illness would not likely have been planned.

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<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/CertificationandCompliance/Downloads/New-Measures-Technical-Specifications-DRAFT-04-05-16-.pdf>

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Background

Exclusions:

- Enrolled in a Medicare Advantage plan for any part of the stay OR
- Was not enrolled in both Medicare Part A and B for any part of their stay
- Resident has Hospice claims that overlap with the nursing home stay

Five Star

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Background

Exclusions:

- Enrolled in hospice care during the nursing home stay; OR
- MDS coded as Comatose (B0100 = [01]) or missing data on comatose on the first MDS assessment after the start of the stay; OR
- Data were missing for any of the claims or MDS items used in the numerator or denominator; OR
- Did not have an initial MDS assessment to use in constructing covariates for risk-adjustment

Five Star

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Background

Risk Adjustment

GOAL: account for differences

- Patient demographic
- Clinical characteristics

Five Star

- Covariates
 - conditions/diagnoses that were present at the start of the nursing home stay
 - items from claims that preceded the start of the stay
 - Information from the first Minimum Data Set 3.0 (MDS) assessment with a target date within 14 days of the beginning of the stay.



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Background


VBP

Quality Reporting Program

IMPACT ACT



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SNF QRP



II. FY 2018 Reporting Requirements

The FY 2018 reporting year is based on one quarter of data from 10/1/16 – 12/31/16. This means that FY 2018 compliance determination will be based on data submitted for admissions to the SNF on and after October 1, 2016, and discharged from the SNF up to and including December 31, 2016. Providers have until May 15, 2017 to correct and/or submit their quality data from the FY 2018 reporting year.


Providers must submit all data necessary to calculate SNF QRP measures on at least 80% of the MDS assessments submitted to be in compliance with FY 2018 SNF QRP requirements.

SNF QRP Quality Measures

The implementation of the SNF QRP on October 1, 2016 does not change requirements related to the process for MDS record submission, however it does introduce new quality measures that providers are required to report data on.

In the FY 2016 SNF PPS final rule, three quality measures affecting FY 2018 payment determination were finalized for adoption into the SNF QRP. These measures and their data sources are listed in Table 1, as well as a brief summary of any modifications to the MDS 3.0 that will be implemented on October 1, 2016 as a result of the adoption of these measures into the SNF QRP. The data collection periods and data submission deadlines for these measures for FY 2018 payment determination are also outlined in this table.


<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/Downloads/SNF-QRP-Requirements-for-FY18-Reportine-Year-Fact-Sheet.pdf>



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Background

Information on the SNFVBP Program:

<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Value-Based-Programs/Other-VBPs/SNF-VBP.html>



Scroll down (next slide)



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Background

The Intersecting Goals of the Medicare Readmission Measure (SNFRM) is used in the SNF VBP Program. The SNFRM applies to the identified set of admission categories shown below:

- People who have been readmitted to the same hospital at any point within 30 days of discharge
- Any date of admission

SNFRM applies to SNFRM SNF VBP from 10/1/2015

All SNFRM SNF VBP providers have access to the SNFRM

Skilled Nursing Facilities in the Proximal Readmission Measure

The Skilled Nursing Facilities Proximal Readmission Measure (SNFRM) applies to the identification of all admitted patients who are readmitted to SNFRM SNF VBP within 30 days of discharge and are also included in the SNFRM SNF VBP at point of admission.

All SNFRM SNF VBP providers have access to the SNFRM Measure

When can I learn more about the SNFRM Program?

Information about the SNFRM SNF VBP is available at:

- April 14, 2015: SNFRM SNF VBP Open Case Forum
- April 16, 2015: SNFRM SNF VBP Open Case Forum
- April 20, 2015: SNFRM SNF VBP Open Case Forum
- April 22, 2015: SNFRM SNF VBP Open Case Forum

SNFRM SNF VBP is currently open to all SNFRM SNF VBP providers.

You can learn more about the SNFRM Measure

[SNFRM SNF VBP Program](#)

CMS.gov

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Readmission Measures

SNFRM AND SNFPPR

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SNFRM

- Skilled Nursing Facilities Readmission Measure (SNFRM)
- Measure used to evaluate SNFs in the SNF VBP Program
- SNFVBP
 - Ties portions of SNFs payments to their performance on this measure
 - Calculated by assessing the risk-standardized rate of all-cause, unplanned hospital readmissions for Medicare fee-for-service SNF patients within 30 days of discharge from a prior proximal hospitalization



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SNFRM

- SNFRM tracks hospital readmissions, not readmissions to the SNF
 - Readmissions within 30-days after discharge from a prior hospitalization
 - Readmission window starts on the day of or up to 24 hours after discharge from a prior hospitalization
 - Includes all unplanned readmissions
- Prior hospitalization
 - Defined as an admission to an inpatient prospective payment system (IPPS) hospital, critical access hospital (CAH), or psychiatric hospital

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SNFRM

- Readmission tracking
 - Identified through Medicare claims - data is collected from SNFs
 - No additional reporting requirements for the SNFRM
- Includes all Medicare fee-for-service Skilled Nursing Facility patients, with the exception of certain measure exclusions.
 - Adjusted to account for patient differences, such as comorbidities, when comparing facility readmission rates

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SNFRM and SNFPPR

- The SNFRM will form the basis for the SNF Performance Score for the SNF VBP Program.
 - Facilities' scores under the program will be based on performance on the measure, and value-based incentive payments will be determined by comparing all SNFs' performance scores.
- SNFRM performance information will be made available to each SNF through confidential quarterly feedback reports.
- As required by the SNF VBP Program's statute, CMS has proposed to adopt the SNF 30- Day Potentially Preventable Readmission Measure (SNFPPR). CMS will propose to replace the SNFRM with the SNFPPR in future rulemaking.

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SNFRM vs. SNFPPR

- July 29, 2016, CMS adopted the SNFPPR measure for future use in the SNF VBP Program
- SNFPPR measure assesses the risk-standardized rate of unplanned, Potentially Preventable Readmissions (PPRs) for Medicare Fee-For-Service SNF patients within 30 days of discharge from a prior hospitalization
- SNFPPR focuses on **potentially preventable readmissions** rather than **all-cause readmissions**
- CMS will replace the SNFRM with the SNFPPR as soon as practicable.

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Scoring Methodology

- **Achievement scoring** compares a SNF's performance rate in a performance period against all SNFs' performance during the baseline period
- **Improvement scoring** compares a SNF's performance during the performance period against its own prior performance during the baseline period For FY 2019.
 - achievement scoring will compare SNFs' 2017 performance to the performance of all facilities during Calendar Year (CY) 2015.

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Readmission Measure



ANTICIPATED UPDATES

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Background

- Additional Data for Consideration
 - Emergency Room Utilization
 - Disease State/Specific




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Background

Emergency Department Visits by Nursing Home Residents

- Representative sample of close to 4,000 ED visits during 2005-2010
 - Represents close to 14 million visits during this time period
 - 1.8 visits per NH resident per year nationally
- 54% did not result in admission or observation stay – of these:
 - 63% had normal vital signs
 - 19% had no diagnostic tests in the ED
 - Two-thirds had at least one imaging test; 20% had CT of the head
- Most common diagnoses for visits that did not result in admission:
 - Injury (45%; including superficial injuries and contusions)
 - Infection (11%)
- Substantial proportion had potential for iatrogenic harm:
 - 9% had a bladder catheterization
 - Almost 15% received and 9% left the ED with a prescription for a CNS-acting drug (anxiolytic/sedative, antipsychotic, and/or narcotic analgesic)

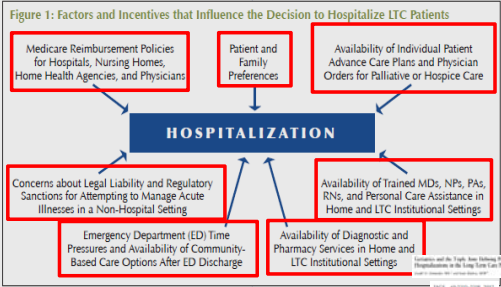


Burke et al. J Am Med Dir Assn, in press, 2015



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Causes of Potentially Avoidable Hospitalizations are Multifactorial

Figure 1: Factors and Incentives that Influence the Decision to Hospitalize LTC Patients





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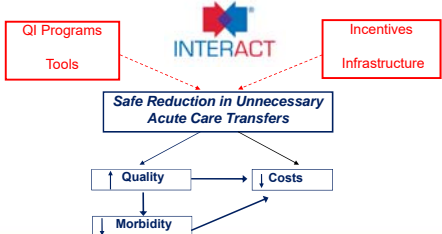
Readmission Focus

- CMS Expectations
- Performance Outcomes
- Collaboration and Care Transition
- Partners and Payer Expectations
 - Evidenced based process


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Background

What is Needed for Success ?



```

            graph TD
            A[QI Programs Tools] -.-> B[INTERACT]
            C[Incentives Infrastructure] -.-> B
            B --> D[Safe Reduction in Unnecessary Acute Care Transfers]
            D --> E[↑ Quality]
            D --> F[↓ Costs]
            E --> G[↓ Morbidity]
            G --> F
            
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- Is a **quality improvement program** designed to improve the care of older people with acute changes in condition in nursing homes, assisted living facilities, and home health care



- Several studies suggest that effective implementation of components of INTERACT are associated with reductions in hospitalizations
<http://interact.fau.edu>



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QUALITY IMPROVEMENT PROGRAM

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Is a **quality improvement program** designed to improve the care of long-term care residents with acute changes in condition

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Goals



- Can help your facility safely reduce hospital transfers by:
 1. **Preventing conditions from becoming severe** enough to require hospitalization through early identification and assessment of changes in resident condition
 2. **Managing some conditions in the NH** without transfer when this is feasible and safe
 3. **Improving advance care planning** and the use of palliative care plans when appropriate as an alternative to hospitalization for some residents

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Where it all began...



Joseph G. Ouslander, M.D. is Professor and Senior Associate Dean for Geriatric Programs at the Charles E. Schmidt College of Medicine, and Professor at the Christine E. Lynn College of Nursing of Florida Atlantic University in Boca Raton Florida. He is a past-President of the American Geriatrics Society and is the Executive Editor of the society's Journal. He is a co-author of *Essentials of Clinical Geriatrics* and *Medical Care in the Nursing Home*, and an editor of *Hazzard's Textbook of Geriatric Medicine and Gerontology*.

Dr. Ouslander's work is now focused on improving the quality of care and quality of life for older people, and reducing unnecessary health care expenditures through programs such as INTERACT.



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Overview of the INTERACT™ QIP

INTERACT is One of Several Evidence-Based Care Transitions Interventions

"BOOST"
(Better Outcomes for Older Adults Through Safe Transitions)
<http://www.boosttransitions.org>

"Project RED"
(Re-Engineered Discharge)
<http://www.brooklinehospital.org/project-red>

- Enhanced hospital discharge planning

High Quality Care Transitions for Older Adults & Caregivers

"Bridge Model"
<http://www.transitioncare.org/the-bridge-model>

- Social Worker coordinating Aging Resource Center Services at hospital discharge

"Care Transition Program"
<http://www.caretransitions.org>

- Transition coach
- Trained volunteers
- Empowered patients and caregivers

High Quality Care Transitions for Older Adults & Caregivers

"Transitional Care Model"
<http://www.transitioncare.org/transition-care-model>

- APN coordinates care during and after discharge
- Home, SNF, and clinic visits


"POLST" (or "MOLST")
(Physician (or Medical) Orders For Life-Sustaining Treatment)
<http://www.chic.edu/polst>

- Advance care planning


High Quality Care Transitions for Older Adults & Caregivers

"INTERACT"
(Interventions to Reduce Acute Care Transfers)
<http://interact.org/>

- Communication Tools, Care Paths, Advance Care Planning Tools, and QI tools for nursing homes and SNFs.




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INTERACT™ QIP

COMPONENTS




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Overview of the INTERACT™ QIP





Quality Improvement Tools

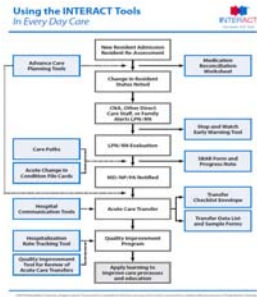
Communication Tools

Decision Support Tools



Advance Care Planning Tools


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Overview of the INTERACT™ QIP





The **INTERACT 4.0** Tools are meant to be used together in your daily work in the nursing home


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Overview of the INTERACT™ QIP

INTERACT Strategies

1. **Prevent** conditions from becoming severe enough to require hospitalization through **early identification and evaluation** of changes in resident condition
2. **Manage** some conditions without transfer when this is feasible and safe
3. **Improve advance care planning** and the use of palliative care plans when appropriate as an alternative to hospitalization for some residents
4. **Improve communication and documentation** within LTC facilities and programs, and between LTC and acute care
5. **Integrate into ongoing QI initiatives** (e.g. QAPI)
6. **Embed in Health Information Technology** across care settings


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COMMUNICATION TOOLS

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Communication Tools

Stop and Watch Early Warning Tool

If you have described a change while caring for or observing a resident, please **stop** the change and notify a nurse. Either give the nurse a copy of this tool or review it with her/him as soon as you can.

S Signs different than usual
Overall needs more help
Talks or communicates less
Pain - new or worsening, participated/less in activities
Able less
Slow bowel movement in 3 days or diarrhea
drank less
Weight change
Agitated or nervous more than usual
Tired, weak, confused, or drowsy
Change in skin color or condition
Help with walking, transferring, toileting more than usual

Check for no change noted while monitoring high risk patient

Resident's Name: _____
 Date: _____
 Signature: _____ Date and Time Reported: _____
 Nurse's Name: _____ Date and Time Reported: _____

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Communication Tools

SBAR Communication Form
and Progress Note for C/NV/OT/SA

Before Calling the Physician, NP, PA, or other Healthcare Professional

Situation

Background

Assessment

Recommendation

Responsible


Signature

Resident Name

Resident Room Number


The Purpose of the SBAR

- Improve communication
- Consistent language
- Standardized criteria
- Clear guidelines
- Communication that is efficient
- Communication that is effective

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Communication Tools



Medication Reconciliation Worksheet for Post-Hospital Care

 INTERACT
Version 4.0 Tool

Part 1: Hospital Recommended Medications Needing Clarification

Medications Recommended by Hospital at Discharge for which Clarification is Needed	Clarification Needed?	Resolution for Final Medication Orders (Continuing, Stop, Change)

*Examples include diagnosis or indication, encounter date or route of administration, stop date, hold parameters, lot test needed for monitoring, dose different than before hospitalization, medication duplication

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Communication Tools

Nursing Home Capabilities List

This tool is for hospital case managers, hospitalists, and care managers and for physicians, NPs, and PAs. It provides information about the capability of each nursing home in your facility.

Facility Name	Address	City	State	Zip	Phone	Facility Type	Capacity	Accredited	Approved

- Hang it in the ED
- Give it to case managers
- Give it to hospitalists
- Give it to on-call primary care clinicians in your facility



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Communication Tools

Nursing Home to Hospital Transfer Form

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- Engaging your Hospitals –Tip sheet
- NH - Hospital Data List
- Acute Care Transfer Checklist
- Hospital - Post Acute Transfer Form
- Hospital - Post Acute Data List

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DECISION SUPPORT TOOLS

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Decision Support Tools

- Criteria for Immediate Notification
- Criteria for Non-immediate notification
- Agreement and buy-in from Medical Director and Administration
 - Vital Signs
 - Lab results
 - Common signs and symptoms

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Decision Support

Symptom or Sign	Intervention	Laboratory Tests/Diagnostic Procedures <small>(report why the test or procedure was done)</small>
Abnormal PaO₂	Abg sent with BUN or	
Abnormal Oxygen Sat S _p O ₂ , B _t , SaO ₂	Repeat arterial S _p O ₂ reading	Complete Blood Count HGB - 14.00 Hematocrit (Hct) - 40 Platelets - 160,000
Abnormal Tenderness (eg, Bladder, lungs, etc.)	Associated w/ an other acute	Chemistry Albumin (total) (A/G) - 3.5 mg/dL Calcium (Ca) - 10.3 mg/dL Magnesium (Mg) - 1.8 mg/dL Sodium (Na) - 132 - 135 mg/dL Urea Nitrogen (BUN) - 15 mg/dL (acute?)
Accournt	Accournted	Consult Reports Consultant report recommending immediate action or change in management
Agitation?	Abg sent OR associated neurological	Drug Levels Levels above therapeutic range of any drug (if/when sent)
Altered Mental Status	Abg sent OR associated neurological	ECG/Heart HR - 83 (not tachycardic)
Anorexia/Diminished	No oral intake	Electrolytes Abnormal result to resolve with signs and symptoms, possibly related to volume loss (diarrhea or vomit) or drug toxicity (antibiotic, pain in respiratory or food oral management)
Apnea	Acute distress or respiratory	Urine Culture New or persistent finding eg. Bacteria, pneumonia, CNS

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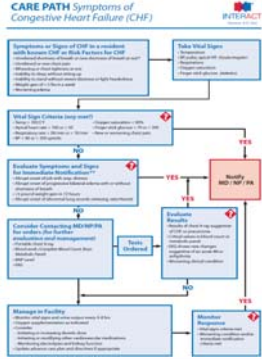
Decision Support Tools



- All structured the same way
- Provide guidance on when to notify the MD/NP/PA consistent with File Cards
- Suggest evaluation strategies
- Provide recommendations for management and monitoring in the facility



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Decision Support

CARE PATH Symptoms of Congestive Heart Failure (CHF)







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ADVANCED CARE PLANNING TOOLS



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Advanced Care Planning Tools

- Advanced Care Planning Tracking Tool
- Advanced Care Planning Communication Guide
- Guidance on how to identify residents appropriate for hospice or palliative care
- Comfort Care Order Set
- Deciding on going to the hospital guidance
- Education on CPR
- Education on tube feeding

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Advanced Care Planning Tools

Advance Care Planning Communication Guide: Overview

Identifying Residents who may be Appropriate for Hospice or Palliative Comfort Care Orders

Deciding About Going to the Hospital



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QUALITY IMPROVEMENT TOOLS

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Quality Improvement Tools

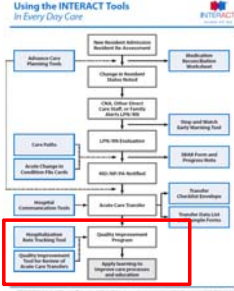
- Hospitalization Rate Tracking Tool
- Quality Improvement Review Tool
- Quality Improvement Review Summary



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Overview of the INTERACT™ QIP

Quality Improvement Tools



The **INTERACT Version 4.0 Tools** are meant to be used together in everyday care in the nursing home



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Quality Improvement Tools

- Hospitalization Rate Tracking Tool
- Quality Improvement Review Tool
- Quality Improvement Review Summary

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Quality Improvement Tools

Hospitalization Rate Tracking Tool

Highlighting identifies residents at risk for 30-day readmission and those who returned to hospital within 30 days

Flyover boxes provide instructions for data entry

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Quality Improvement Tools

Calculating Hospitalization Rates

Calculating Hospitalization Rates

Calculating Hospitalization Rates

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Quality Improvement Tools

Transfer Log

Dropdown lists for easy data entry

Transfers that occur within 30 days of admission from the hospital are highlighted

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Quality Improvement Tools

INTERACT Hospitalization Measures Tracking

30-Day Readmission Rates

Rates trended by month - in this graph 30-day readmissions from PAC, LTC, and total

Month	30-Day Readmission Rates
Jan 15	18.5%
Feb 15	18.5%
Mar 15	18.5%
Apr 15	18.5%
May 15	18.5%
Jun 15	18.5%
Jul 15	18.5%
Aug 15	18.5%
Sep 15	18.5%
Oct 15	18.5%
Nov 15	18.5%
Dec 15	18.5%

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Sample Reports

INTERACT Resident Conditions that Increase Risk for Hospitalization

Condition	N	%
Cancer	5	6%
CHF	23	26%
COPD	20	22%
Dementia	1	1%
End Stage Renal Disease - on dialysis	0	0%
Fracture	10	11%
Multiple Co-morbidities	21	23%
Polypharmacy	55	61%
Surgical Complications	8	9%
Other	15	17%
Number of transfers (denominator)	90	

Notes:
Percent may total more than 100% because a resident may have more than one condition that increases risk for hospitalization.

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Sample Reports

INTERACT Changes in Condition and Other Factors

Condition	N	%
Acute Myocardial Infarction	1	1%
Acute Stroke	1	1%
Alcohol Abuse	1	1%
Alzheimer's Disease	1	1%
Arthritis	1	1%
Aspirin Use	1	1%
Cholesterol	1	1%
Diabetes	1	1%
Drug Abuse	1	1%
Drug Interactions	1	1%
Fracture	1	1%
Hypertension	1	1%
Immunization	1	1%
Medication Management	1	1%
Medication Non-Adherence	1	1%
Medication Side Effects	1	1%
Medication Toxicity	1	1%
Other	1	1%
Number of transfers (denominator)	90	

Notes:
Percent may total more than 100% because more than one item in underlying sign of symptoms may be noted for a transfer.

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Quality Improvement

Review of Acute Care Transfers

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Quality Improvement Tools

- Designed to assist you in summarizing and identifying trends in QI Reviews of individual transfers in order to focus care improvement and educational activities
- Template Excel spreadsheet will be available that assists in summarizing and identifying common factors and trends

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Using the Tools

INTERACT-ING WITH ACUTE CARE

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**Communication Tools:
INTERACT-ing with Your Local Hospitals**

Engaging Hospitals in Your Program

Engaging Hospitals Checklist

1. Establish an interagency partnership with your local hospital.
2. Establish a partnership agreement with your hospital that includes the following:
3. Establish a communication system for your hospital to use with you.
4. Establish a communication system for your hospital to use with you.
5. Establish a communication system for your hospital to use with you.
6. Establish a communication system for your hospital to use with you.
7. Establish a communication system for your hospital to use with you.
8. Establish a communication system for your hospital to use with you.
9. Establish a communication system for your hospital to use with you.
10. Establish a communication system for your hospital to use with you.
11. Establish a communication system for your hospital to use with you.
12. Establish a communication system for your hospital to use with you.

Facility Leaders

- Be prepared
- Initiate contact
- Know your data
- Share your story
- Know what tools/data/information you want to share
- Set date for next meeting

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**Communication Tools:
INTERACT-ing with Your Local Hospitals**

Hospital Communication Tools

Using the INTERACT Tools In Every Day Care

```

graph TD
    A[Admission/Discharge Planning Tools] --> B[New Resident Admission/Discharge Planning]
    B --> C[Change in Resident Assessment]
    C --> D[Care Plan Sheet/Update Care Plan/Update Care Plan]
    D --> E[LPI-99 Evaluation]
    E --> F[Care Changes to Discharge Plan]
    F --> G[Hospital]
    G --> H[Acute Care Transfer]
    H --> I[Discharge/Admission/Transfer Planning Tools]
    I --> J[Admission/Discharge Planning Tools]
    
```

The INTERACT Version 4.0 Tools are meant to be used together in everyday care in the nursing home.

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**Communication Tools:
INTERACT-ing with Your Local Hospitals**

Nursing Home Capabilities List

- Hang it in the ED
- Give it to case managers
- Give it to hospitalists
- Give it to on-call primary care clinicians in your facility

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Communication Tools: INTERACT-ing with Your Local Hospitals




Nursing Home to Hospital Transfer Form

The **NH to Hospital Transfer Form** has two pages.

- The first page has information that ED physicians and nurses identified as essential to make decisions about the resident.




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Communication Tools: INTERACT-ing with Your Local Hospitals




Nursing Home to Hospital Transfer Data List

The **NH to Hospital Transfer Data List** has recommended contents for transfer forms for incorporation into standard forms and electronic sharing of data




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Communication Tools: INTERACT-ing with Your Local Hospitals




Acute Care Transfer Document Checklist

This **Transfer Checklist** can be printed or taped onto an envelope, and is meant to compliment the Transfer Form by indicating which documents are included with the Form



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Key Resource for Leadership





INTERACT
Implementation
Guide
Version 4.0 Tools

http://interact.fau.edu/docs/INTERACT%20Version%204.0%20Tools/INTERACT%20V4%20Implementation_Guide%20Dec%202010.pdf

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Next Steps

PREPARE. PLAN. IMPLEMENT.

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Prepare

Assess Organization Systems


- Corporate Programs and Outcomes
- Facility specific protocols



Assess need to change

Benchmark internal systems for review

- Current status
- Industry standards
- Best practice approach

Identify opportunities



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Plan

- Team
- Educate
- Process
- Monitor

Implementation Guide Figure Overview

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PLAN - KNOW YOUR DATA

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Data Elements

Prepared by Pathway Health

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Implement

The checklist table includes categories such as:

- Leadership and Governance
- Measurement and Monitoring
- Staff and Workforce
- Information and Data
- Education and Training
- Communication and Engagement
- Implementation and Evaluation

Logos for INTERACT, PATHWAY HEALTH, and Florida Atlantic University are at the bottom.

QAPI for Internal and External Data

Together, Quality Assessment and Process Improvement provide the model for:

- effective problem identification
- root cause analysis
- system and culture changes

Establish care delivery improvements to realize healthcare consumer defined goals.

Logos for INTERACT, PATHWAY HEALTH, and Florida Atlantic University are at the bottom.

It all comes back to quality

Logos for INTERACT, PATHWAY HEALTH, and Florida Atlantic University are at the bottom.

Website



INTERACT

- Includes evidence and expert-recommended clinical practice tools, strategies to implement them, and related educational resources
- The basic program is located on the internet:
<http://interact.fau.edu/>

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In Summary:

- Prepare ALL staff now
- Look at your data
- Develop an Action Plan
- Consider a QAPI, PIP
- Involve the ENTIRE team
- Ongoing re-evaluation
- Monitor Data
- Ongoing Communication
- Always Follow up
- Position Yourself Successfully for the Future


INTERACT

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INTERACT Updates

- 1. INTERACT Version 4.0 Tools** are on the INTERACT website; the program and tools have been extensively updated, and INTERACT II tools are no longer supported
- 2. INTERACT Version 1.0 Tools** for assisted living facilities and home care are being pilot tested and should be available in a few months
- 3. INTERACT Version 1.0 Tools** for health systems and ACOs are in development
- 4. eINTERACT Specifications** are being developed in collaboration with and the support of PointClickCare

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INTERACT
Thank You

Lisa Thomson, CIMT
Chief Marketing and Strategy Officer
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