

N
E
W
Y
O
R
K
C
H
A
P
T
E
R



ACHCA
American College of
Health Care Administrators
New York Chapter



3
4
T
H
C
O
N
V
E
N
T
I
O
N

DIRECTORS OF NURSING/DIETITIAN/ CLINICAL STAFF REGISTRATION

THE FINAL RULE: MAKING THE PIECES FIT FOR QUALITY CARE



Sponsored by
the New York State Health Facilities Association in cooperation with
the New York Chapter of the American College of Health Care Administrators



**VILLA ROMA RESORT & CONFERENCE CENTER
MARCH 11TH THROUGH MARCH 14TH, 2018**

NURSING DIRECTORS/DIETICIANS/CLINICAL STAFF CONVENTION PROGRAM

SUNDAY, MARCH 11, 2018

1:00 PM – 2:30 PM
NAVIGATING THE NEW FACILITY ASSESSMENT,
DEVELOPING STAFF COMPETENCIES AND
USING QAPI TO HOLD IT ALL TOGETHER

The Facility Assessment is a component of Phase 2 that will be implemented beginning November 28, 2017. If utilized properly, the Facility Assessment can become a key to strategic planning and improving your facilities position in the marketplace, strengthening your current service offerings through training and competency-based programs and it can identify opportunities for new clinical programming.

Under the revised RoP, SNFs must ensure that staff are able to demonstrate competency in the skills and techniques necessary to care for residents' needs. This session will focus on preparing SNF teams to effectively conduct a Facility Assessment and accurately identify the resources and skills needed to care for their resident populations, review useful tools and resources to assist in the development of clinical competencies, and discuss methods of sustaining facility improvements through a QAPI approach.

SPEAKER: AMY LEE

Amy Lee is the president and CEO of Coretactics™ Healthcare Consulting, Inc., a

healthcare improvement company founded on her passion for high performance and healthcare excellence. She is a pragmatic, innovative and industry-leading thinker that brings her 25-plus years experience in acute and long-term care together into a holistic approach to healthcare operations. Amy has established numerous best practice approaches in falls reduction, wound-care management, antipsychotic reduction, behavioral management, person-centered care planning and reducing re-hospitalizations, just to name a few. Her knowledge of the Five Star Rating, MDS 3.0, CMS Quality Measures and PPS & Case Mix reimbursement allows her to assist teams not only with improving resident care but to also strategically improve their position in the healthcare market.

2:30PM – 4:00PM
TAKING CARE OF YOUR HUMAN RESOURCES
... YOUR EMPLOYEES

A healthy nursing home workforce is instrumental in success for the employer, the employee and most of all, for the residents! Promoting a healthy workforce includes creating an environment where employees know what to do and love their job.

Learn strategies to maintain a well-performing team responsive to the needs of your residents including developing wellness programs, providing clear directions, engaging employees in "huddles", maintaining staff morale, and promoting a cultural-competence environment.

The value of taking care of your employees for a more effective work environment can lead to higher retention, enhanced productivity, and performance.

SPEAKER: JACQUELINE PAPPALARDI, RN

Jackie Pappalardi is the senior vice president of Capital Health Consulting (CHC), a consulting firm consisting of clinical and healthcare policy experts based in Albany, NY. She has extensive public and private sector acute and long-term healthcare experience and is known for being a results-oriented leader. As a registered nurse, Jackie has been a strong advocate for ensuring that individuals receive quality healthcare through access to effective programs and skilled staff. As a clinical partner, Jackie shares the vision of the CHC team as a strong patient-centered advocate with demonstrated positive outcomes.

MONDAY, MARCH 12, 2018

9:00AM – 10:30AM
THIS WOULD BE FUNNY... IF IT WASN'T
HAPPENING TO ME! – HOW TO NAVIGATE THE
FUTURE WITH ENTHUSIASM AND VIGOR

This hilarious and provocative presentation shows long-term-care professionals how to get in front of a constantly evolving future and

Dear Colleague:

This year, the New York Chapter of the American College of Health Care Administrators will host our 49th Annual Convention which will be held from March 11th through March 14th, 2018 at the Villa Roma Resort and Conference Center. The beautiful Villa Roma has upscale accommodations, varied and tasteful menus, a special dining area and well-appointed and functional meeting rooms. You can even enjoy a game of bowling at their regulation bowling alley! The resort is conveniently located in Callicoon, New York, just minutes from Monticello off Route 17.

Kudos to our Education Committee who has gone to enormous lengths to secure topical and thought-provoking educational programs for administrators, financial managers and directors of nursing/clinical staff. The break-out rooms are conducive to a meaningful and pleasant learning experience, where participants have the opportunity to earn 17.0 continuing education credits.

In addition to the fine educational setting, the Villa Roma offers a spacious, yet intimate exhibit space which accommodates all of our 70 corporate sponsors. This year's entertainment is a mixed bag of comedy and musical hits to leave you in a fun, uplifting mood. We are pleased to present the tribute band Shadows of the 60's which will be playing the best of Motown and the Four Tops. Additionally, we will be featuring the comedy of Tom Cotter and Chris Monty. You will be able to end each evening networking with colleagues and vendors in the relaxed atmosphere of the resorts nightclub.

The dining experience will continue to be exceptional with top-notch food and glatt kosher cuisine.

If you attend only one show in 2018, make it this one.

We look forward to seeing you there, but don't delay....make your convention and room reservations today.

*Sincerely,
The Convention Committee*

NURSING DIRECTORS/DIETICIANS/CLINICAL STAFF CONVENTION PROGRAM

proactively drive change. It will increase your comfort and confidence in the face of stress and change, and it will show you how to do more with less and embrace the chaos of change with conviction and vitality.

SPEAKER: JODY URQUHART

Jody Urquhart, a former stand-up comedian who is a highly sought-after motivational speaker, is the author of *"All Work & No Say,"* a best-selling book that shatters assumptions that work can't be rewarding and fun. Humor is a key component in her presentations to more than 60 organizations and associations each year.

1:30PM – 3:00PM SEX, DRUGS, AND ROLLING WALKERS

As the long-term-care industry faces major challenges in regulation, finance, and staffing, the shift in demographics to a younger, more complex, transient population has added another layer of stress. Resources to develop the type of care and service needed to address issues of long-standing-mental disorders, substance use, addictions, and other behavioral-health needs are in short supply. This session offers a variety of ideas for anticipating and developing common-sense approaches to these contemporary challenges. Improving staff education and training in behavioral health and developing strategies to address common symptoms and reactions in mental health are a focus of this conversation.

SPEAKER: BARBARA SPEEDLING

Barbara Speedling, a quality-of-life specialist, provides education, training and support to long-term-care providers in the development of programs and services to meet the needs of individuals with dementia, mental disorders, brain injury, and complex psychosocial needs. In 2014, she authored, *"Why is Grandma Screaming?"* a guide to improving the quality of life for the elderly. She is a master trainer for the OASIS dementia education program.

4:00PM – 5:30PM THE IMPACT OF QUALITY ON YOUR FACILITY'S BOTTOM LINE

This session is geared toward the finance and clinical staffs. Attendees will learn the differences between the various CMS initiatives influencing quality ratings and which programs directly influence reimbursement. Participants will be able to identify at least three clinical and three claims - based measures that will impact revenue. The audience will also learn strategies to position themselves positively for future measures and prepare a proactive rather than reactive stance for their rankings compared to surrounding SNFs.

SPEAKER: MAUREEN McCARTHY, RN

Maureen is the president of Celtic Consulting, LLC and the CEO and founder of Care Transitions, LLP; a care-coordination service provider. She is also the creator of the "McCarthy Method," a documentation-improvement system for ADL coding. She is a recognized leader and expert in clinical reimbursement in the skilled-nursing-facility environment; and she is currently the president for the Association of Long Term Care Financial Managers.

TUESDAY, MARCH 13, 2018

8:30AM – 10:00AM CMS CHANGES FOR 2018: PREPARING FOR THE FUTURE OF LTC

This session is geared toward clinicians and will review the changes CMS has planned for 2018 and beyond. CMS announced that they intend to add 62 new items to the MDS assessment on 10/1/18. Attendees will learn what upcoming changes are in store for Medicare and MDS and how to best prepare for them, including a new reimbursement system. Participants will also gain knowledge on the QAPI process and how to optimize QAPI efforts in order to improve facility rankings and monitor ongoing improvement.

SPEAKER: MAUREEN McCARTHY, RN

Maureen is the president of Celtic Consulting, LLC and the CEO and founder of Care Transitions, LLP; a care-coordination service provider. She is also the creator of the "McCarthy Method," a documentation-improvement system for ADL coding. She is a recognized leader and expert in clinical reimbursement in the skilled-nursing-facility environment; and she is currently the president for the Association of Long Term Care Financial Managers.

11:00AM – 12:30PM CMS FINAL RULE PHARMACY SERVICES UPDATE: WHAT YOU NEED TO KNOW!

In this session, Dr. Hallett will review the recently released update of the "State Operations Manual Appendix PP," which was implemented in CMS's Phase 2 rollout of the regulatory reform of the Medicare and Medicaid Requirements for Participation Final Rule. He will specifically highlight important aspects of the Guidance to Surveyors in the newly renumbered F-Tags for Pharmacy, as well as touch on the role of the consultant pharmacist in antibiotic stewardship as highlighted in the guidance document.

SPEAKER: DR. WILLIAM HALLETT, Pharm. D, MBA

Dr. Hallett founded Guardian Consulting

Services, Inc., which is dedicated to providing consultant pharmacist services to nursing homes, adult-day programs, assisted-living facilities, and group homes for the disabled. His company currently provides clinical-consultant pharmacist services for more than 40,000 patients in over 250 healthcare facilities and programs throughout the Northeast and Mid-Atlantic.

1:30PM – 3:00PM PERSON-CENTERED CARE

Person-centered care is care that is customized based on needs and values of the person served, and it is a component of the Requirements of Participation for skilled-nursing facilities and long-term care. Creating a culture of person-centered care provides the resident choice and control over his/her daily life.

This presentation will provide insights into establishing an organizational culture of person-centered care. Transitioning from a traditional culture to a culture of caring will be discussed, in addition to providing specific strategies for implementing person-centered care through nine elements of culture change. The presentation will also include strategies for success and lessons from the hospitality industry that can be applied to the healthcare setting.

SPEAKER: KRIS MASTRANGELO

Kris Mastrangelo is president and CEO of Harmony Healthcare International, a nationally - recognized healthcare consulting firm specializing in C.A.R.E. (compliance, audit and analysis, reimbursement and regulatory, education and efficiency). Kris has more than 20 years of experience as an occupational therapist and licensed nursing home administrator.

Kris's leadership and vision have helped Harmony Healthcare become one of the most recognized and trusted consulting companies for compliance, operations, reimbursement, education, and talent management in the healthcare industry.

4:00PM – 5:30PM MEDICARE REIMBURSEMENT UPDATE: RCS-I

The new Medicare Part A payment system is targeted for implementation on October 1, 2018. This is not a "refinement" as we've experienced in the past. The Resident Classification System adds significant complexity, with five distinct payment domains including a diagnosis-driven therapy component and length-of-stay-weighted per diem rates. Mastering the system will require facilitywide changes in care management and documentation. This program will provide early insight into the most significant payment reform in 20 years. Presenters will also review new regulations specific to the MDS, SNF value-based pur-

NURSING DIRECTORS/DIETICIANS/CLINICAL STAFF CONVENTION PROGRAM

chasing, alternative-payment models and reimbursement penalties.

SPEAKERS: SHERYL ROSENFELD, RN AND MARC ZIMMET

Sheryl Rosenfield has been active in the national SNF community for over 30 years. She is a member of the Health Care Compliance Association's Long-Term-Care Committee, working with representatives throughout the United States on protocols and policies effecting medical review and payment concerns. As a trainer of the MDS since 1990, she was a founder of AANAC, a national organization serving over 15,000 members associated with the assessment and care processes in skilled-nursing facilities. Sheryl has worked with the Centers for Medicare & Medicaid Services (CMS) on multiple projects, including serving on the Technical Expert Panel to evaluate the implementation and impact of the RUG PPS on SNFs. She was a member of the clinical-standards-and-training team for the federal DAVE project and served as a Data Monitor for the federal STRIVE project. She also served as an "MDS 3.0 Manual" reviewer and continues to contribute to that project.

Marc Zimmet entered the skilled-nursing industry in 1993, at the onset of the national "sub-acute" care movement. Medicare cost-report appeals were a key component of a successful short-term rehabilitation program, and Zimmet & Company (the precursor to ZHSG) quickly emerged as a national leader in the space. As skilled-nursing facilities transitioned to prospective payment in the late 1990's, Mr. Zimmet applied his experience from New York State's participation in the Nursing Home Case-Mix & Quality Demonstration project to develop early reimbursement-compliance-management strategies for his clients. He now leads the even more challenging transition to value-based/alternative-payment and managed care.

Recognizing the market and regulatory changes transforming the healthcare landscape, Marc structured the firm's "Advanced Healthcare Initiatives" program in 2015. His vision has been realized through the four Zimmet Healthcare "spectrum" companies, establishing the firm as a leader in SNF data analytics, care management/transitions technology and outsourced case management.

WEDNESDAY MARCH 14, 2018

8:15AM - 9:45AM
IMPROVING FINANCIAL AND CLINICAL OUTCOMES WITH INTEGRATED BEHAVIORAL HEALTH

Successful integration of behavioral-health services has become indispensable to survival

in the SNF environment. Achieving outstanding short-term rehabilitation outcomes, avoiding rehospitalizations and staying in compliance with psychotropic-drug regulations around require state-of-the-art psychiatric and psychological care woven into overall medical care.

The appropriate management of psychiatric concerns with evidence-based treatment has always been essential to a facility's ability to operate within the regulatory environment while maintaining an attractive climate for residents, families and staff. But modern SNFs are confronted by new imperatives that will require fundamental shifts in care in order to avoid potentially devastating consequences.

Case studies and clinical presentations will highlight effective strategies for implementing evidence-based GDRs, non-pharmacologic interventions for managing difficult behaviors, clinical protocols for avoiding re-hospitalizations, and other essential ideas for succeeding in the current regulatory and financial landscape.

SPEAKER: DR. RICHARD JUMAN

Dr. Richard Juman is a licensed clinical psychologist and the national director of psychological services for TeamHealth, which provides integrated medical, psychiatric and psy-

chological services in thousands of post-acute and acute facilities in the U.S. He is an expert in the psychotherapeutic and behavioral treatment models utilized in post-acute care. Dr. Juman lectures on a variety of issues pertaining to the populations found in postacute care as well as on specific problems of aging.

10:00AM - 12 NOON **NYSDOH DIVISION OF NH AND ICF/IID** **SURVEILLANCE UPDATES**

During this session, participants will be informed of CMS initiatives, survey trends, and current quality improvement initiatives.

SPEAKER: SHELLY GLOCK

Shelly Glock is the deputy director, Division of Nursing Homes and ICF/IID Surveillance, NYSDOH. Ms. Glock is a LNHA and brings a variety of experience with her to this position. Most recently she held the position of quality improvement specialist with IPRO's Care Transitions project team under the CMS 10th Scope of Work. She was responsible for the design, implementation and evaluation of community-care-transition initiatives to decrease unnecessary hospitalizations and improve the experience of Medicare beneficiaries and caregivers as they transition across healthcare settings.



DIRECTORS OF NURSING/DIETICIANS/CLINICAL STAFF REGISTRATION

34th ANNUAL CONVENTION - DIRECTORS OF NURSING/DIETICIANS/CLINICAL STAFF PROGRAM Villa Roma Resort & Conference Center, Callicoon, New York, March 11 - March 14, 2018

IMPORTANT:

1. This program has been submitted to the appropriate Licensure Board for approval.
2. ACHCA Cancellation Policy: Full refund on cancellations postmarked no later than February 1st. There will be a \$50 administrative fee charged after that date. No refund after February, 15, 2018.
3. Program reservations should be made directly with NYC ACHCA c/o Larry Slatky 428 Ridgehill Rd. Schenectady, NY 12303 (see form).
4. \$25 of non-member registration fee may be applied to College membership if the application is mailed within 60 days of this Convention.
5. Complete Convention registration form; make check payable to New York Chapter/ACHCA/ mail to New York Chapter, ACHCA, c/o Larry Slatky, 428 Ridgehill Rd. Schenectady, NY 12303

REGISTRATION FEE INCLUDES:

- Socials
- Educational programs and all literature and educational materials
- Entrance to exhibit hall
- Entertainment
- Coffee breaks
- ACHCA welcoming gifts
- Convention Journal
- Completing Your Professional Development Plan for Certification

For further information please contact:
ANTHONY RESTAINO (516) 242-9825

CONVENTION REGISTRATION FORM

34th Annual Convention - DIRECTORS OF NURSING/DIETICIANS/CLINICAL STAFF PROGRAM

If you wish to enroll additional participants, please attach separate paper with the same type of information requested on this form. ALL REGISTRATIONS MUST BE PREPAID.

PLEASE PRINT.

Name (A) _____
 Title _____
 E-mail _____
 Name (B) _____
 Title _____
 E-mail _____
 Spouse/Guest _____
 Facility _____
 Address _____
 City _____
 State Zip _____
 Phone (_____) _____
 License No./State (A) _____
 License No./State (B) _____
 Is this your first Convention? Yes No

ADVANCE CONVENTION REGISTRATION

Member Fee (A)** (\$149.00 ea.) \$ _____
 Member Fee (B)** (\$149.00 ea.) \$ _____
 Non-Member Fee (\$199.00 ea.) \$ _____
 Spouse/Guest/Student***(\$85.00 ea.) \$ _____
Total Remittance \$ _____

** If your administrator is a member of
ACHCA, NYSHFA

*** Student of long term care (A.I.T.)

*** Spouse with no license

ON SITE REGISTRATION FEE:

Member \$250.00 Non-Member \$300.00

Registration confirmed _____

Make checks payable to:

New York Chapter of the American
College of Health Care Administrators

Return to: ACHCA/NYC

c/o Larry Slatky
428 Ridgehill Road
Schenectady, NY 12303

VILLA ROMA RESORT & CONFERENCE CENTER REGISTRATION FOR DIRECTORS OF NURSING/CLINICAL STAFF PROGRAM

Villa Roma Resort & Conference Center, Callicoon, NY
Telephone (800) 727-8455
Sunday, March 11 through Wednesday, March 14, 2018

Room Category	Group Rates (per person double occupancy)	Single Per-Day Supplement
2 Bedroom Suite	\$172.00	\$58.00
1 Bedroom Suite	\$150.00	\$25.00
Deluxe	\$129.00	\$24.00

The above DAILY rates are quoted Full American Meal Plan (three meals daily, beginning with dinner of the day of arrival and concluding with lunch on the day of departure), net, non-commissionable, plus applicable tax. One night stay \$10.00 additional. Triple occupancy is charged at 80% of the group rate. **Check-in time:** Rooms will be available by 4:00 P.M. - early arrivals will be welcome to use the hotel's facilities prior to checking in.

Gratuities: A gratuity of \$15.00 per person, per day will be added to your bill to cover dining room waiters, busboys, and chambermaids.

Payment/Taxes: You may pay your bill by check, cash, or credit card. Rates are subject to 8% state and local sales taxes plus 2.5% occupancy tax. If you are tax-exempt, please give the front desk a signed NYS Tax Exemption certificate when you check in.

HOTEL REGISTRATION FORM

Please cut along dotted line and mail this application to:
Villa Roma Resort & Conference Center - ACHCA/NYC

Name (please print) _____
 Company Name (mandatory) _____
 Address _____ City _____
 State _____ Zip _____ Tel: _____
 Date of Arrival _____ Date of Departure _____
 I will be accompanied by my spouse/guest (Name) _____
 Children _____ Sharing Room (Name) _____
 Accommodations desired (check one) REGULAR DINING
 2 Br 1 Br Deluxe GLATT KOSHER (\$50/day additional cost)

Deposit: Please return reservation form with a \$100 deposit per person. Rooms will be assigned on a first-come, first-served basis. Requests received after February 1 are subject to availability.

Please make checks payable to the Villa Roma Resort & Conference Center and mail to: Villa Roma Resort & Conference Center, 356 Villa Roma Road, Callicoon, NY 12723. The hotel will acknowledge reservations. Deposits will be refunded if the hotel is notified one week prior to arrival. NO TELEPHONE RESERVATIONS PLEASE.

DIRECTORS OF NURSING/DIETITIANS/CLINICAL STAFF AGENDA

SUNDAY, MARCH 11th, 2018

11:00 am – 6:00 pm Registration
1:00 pm – 2:30 pm Education Workshop: **Navigating the New Facility Assessment, Developing Staff Competencies and Using QAPI to Hold It All Together**
Speaker: **Amy Lee**
2:30 pm – 4:00 pm Education Workshop: **Taking Care of Your Human Resources ... Your Employees**
Speaker: **Jacqueline Pappalardi, RN**
6:00 pm – 7:30 pm Dinner
7:30 pm – 9:00 pm Ribbon Cutting and Opening of Exhibit Area
9:00 pm Show Time: **Shadows of the 60's**

MONDAY, MARCH 12th, 2018

7:00 am- 10:00 am Breakfast
9:00 am – 10:30 am Keynote: **This Would Be Funny If It Wasn't Happening To Me! – How to Navigate the Future With Enthusiasm and Vigor**
Speaker: **Jody Urquhart**
10:30 am – 12:00 noon Break/Exhibit Hall Open
12:00 noon – 1:30 pm Awards Luncheon/ New York Chapter Business Meeting
1:30 pm – 3:00 pm Education Workshop: **Sex, Drugs, and Rolling Walkers**
Speaker: **Barbara Speedling**
3:00pm – 4:00 pm Break/Exhibit Hall Open
4:00 pm – 5:30 pm Education Workshop: **The Impact of Quality on Your Facility's Bottom Line**
Speaker: **Maureen McCarthy, RN**
6:00 pm – 7:00 pm New York Chapter Cocktail Party in Exhibition Hall
7:00 pm – 8:30 pm Dinner
8:30 pm – 9:30 pm Academy of LTC Leadership and Development Fund Raiser - Montage Auction
9:30 pm Show Time: **Tom Cotter**

TUESDAY, MARCH 13th, 2018

7:00 am – 10:00 am Breakfast
8:30 am – 10:00 am Education Workshop: **CMS Changes for 2018: Preparing for the Future of LTC**
Speaker: **Maureen McCarthy**
10:00 am – 11:00 am Break/Exhibit Hall Open
11:00 am – 12:30 pm Education Workshop: **CMS Final Rule Pharmacy Services Update: What You Need to Know!**
Speaker: **Dr. William Hallet**
12:30 pm – 1:30 pm Lunch
1:30 pm-3:00 pm Education Workshop: **Person-Centered Care**
Speaker: **Kris Mastrangelo**
3:00 pm – 4:00 pm Break/Exhibits Open
4:00 pm – 5:30 pm Education Workshop: **Medicare Reimbursement Update: RCS-1**
Speakers: **Sheryl Rosenfield, RN and Marc Zimmet**
6:30 pm – 7:30 pm President's Reception
7:30 pm – 9:30 pm Installation Banquet
9:30 pm Show Time: **Chris Monty**

WEDNESDAY, MARCH 14th, 2018

7:00 am – 10:00 am Breakfast
8:15 am – 9:45 am Education Workshop: **Improving Financial and Clinical Outcomes With Integrated Behavioral Health**
Speaker: **Richard Juman**
10:00 am – 12:00 noon Education Workshop: **NYSDOH Division of NH and ICF/IID Surveillance Updates**
Speaker: **Shelly Glock**
12:00 noon – 1:00 pm Lunch



ACHCA
American College of
Health Care Administrators
New York Chapter



American College of Health Care Administrators
c/o Larry Slatky
428 Ridgehill Road
Schenectady, New York 12303

To:

ATTENTION: NURSING DIRECTORS/DIETICIANS/CLINICAL STAFF