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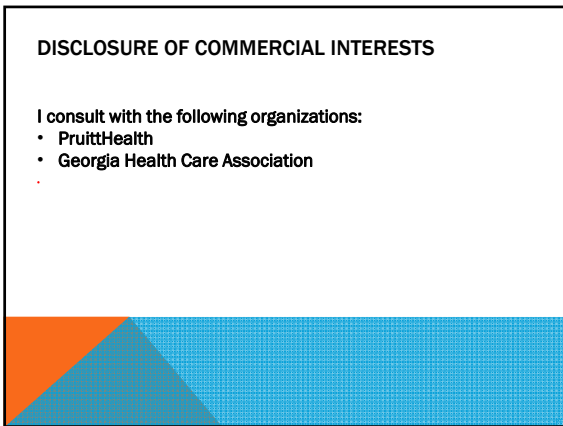
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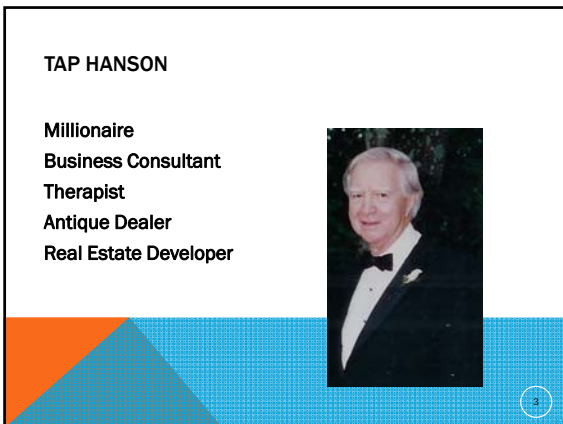
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**ASA GORDON: BOXING COACH**



**George,**  
"Keep your hands up, your chin down and never take an unanswered punch."  
—Asa

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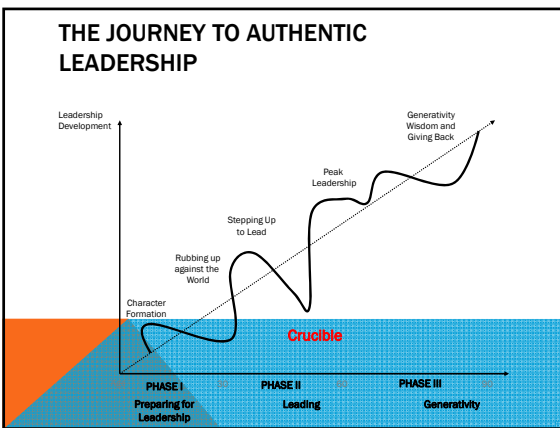
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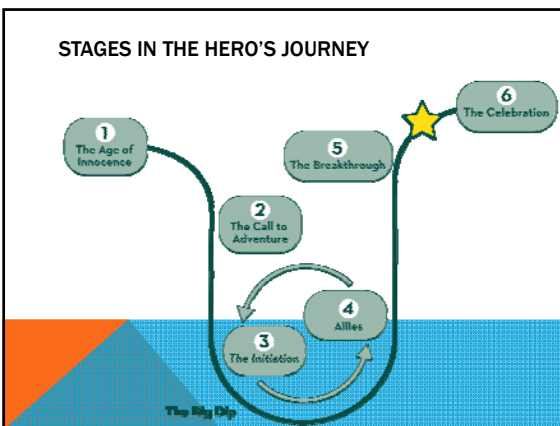
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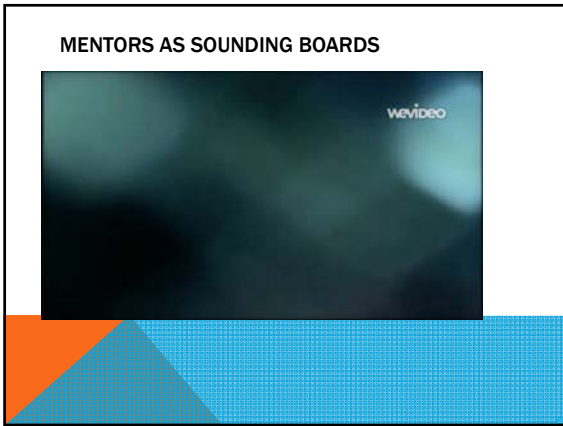
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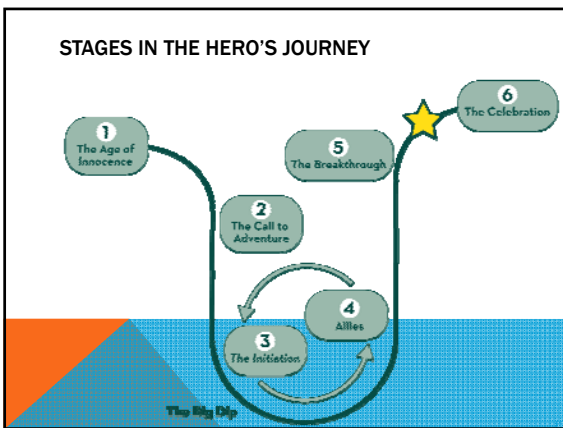
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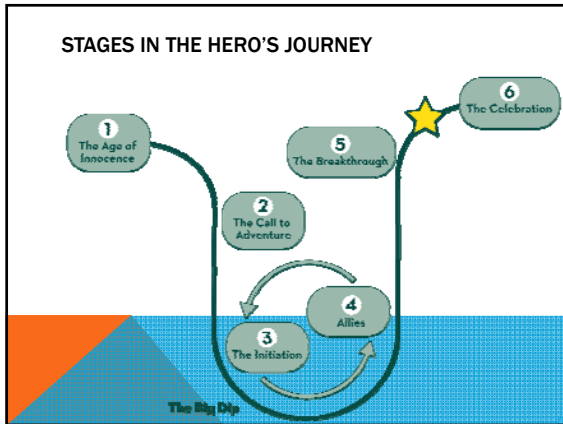
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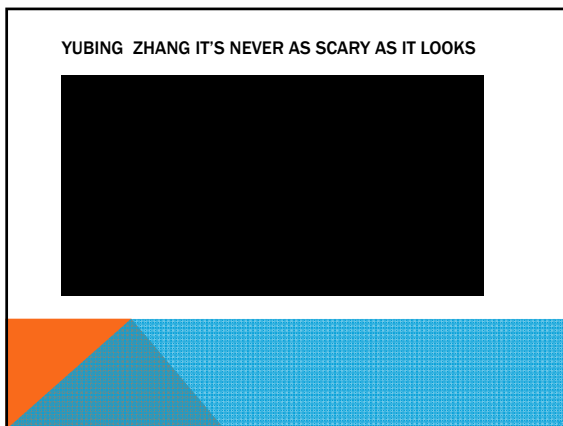
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**LEAVING THE COMFORT ZONE**

- What you desire is on the other side of the wall of anxiety
- Self discipline is the will to get over the wall
- Structure is the ladder

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**STRUCTURE**

What do I need to do, and then  
When will I do it,  
Where will I do it,  
What exactly will I say, do, ask-



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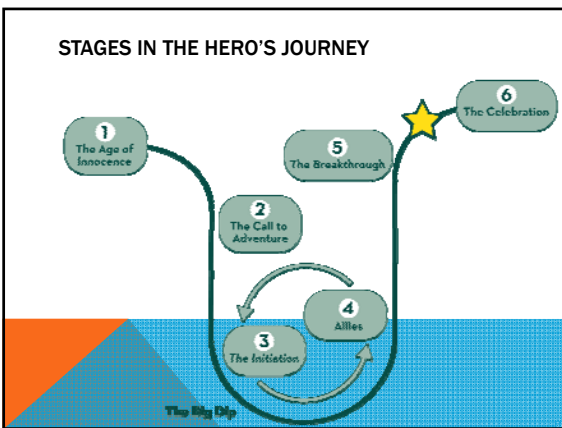
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MENTORING TOMORROW'S LEADERS

Mentoring Handbook  
2017



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